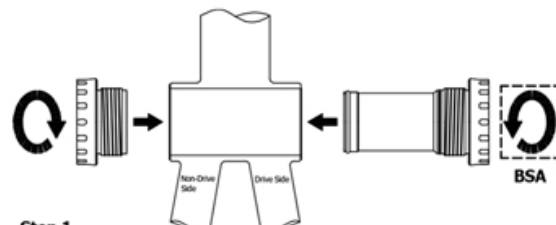


UBERBIKE

No.	Description	Q'ty
1	Right Cup	1
2	Left Cup	1
3	Sleeve	1
4	0.5mm Spacer	2
5	2.5mm Spacer	3



Step 1

Install any necessary spacer or adaptor, according to chart.

Step 2

Thread the cups into the frame by hand, ensuring they are tightened according to the direction arrows on the bottom bracket.

Step 3

Use a torque wrench to tighten to 35-50 N.m (310-443 in-lb)

BSA 68mm (Road Crankset) : 0.5mm*1pc
 BSA 68mm (MTB Crankset) : 2.5mm*1pc
 BSA 73mm (MTB Crankset) : no spacer

BSA 68mm (Road Crankset) :: 0.5mm*1pc
 BSA 68mm (MTB Crankset) : 2.5mm*2pcs
 BSA 73mm (MTB Crankset) : 2.5mm*1pc

